

Dosbarth Derbyn



Phonics Practise



Please use the actions to practise the sounds.

Jolly Phonics Actions

Set 1

s



Weave hand like a snake, making s shapes while saying *ssssss*

a



Short a: Wiggle fingers above elbow, as if ants are crawling on you, and say *a,a,a*

t



Children imitate watching tennis, moving heads side to side saying *t,t,t*

i



Children pretend to be mice by wiggling fingers on the end of their noses and squeaking *i,i,i*

p



Hold up index finger, pretending it is a lit candle, and imagine you are blowing it out by saying *p,p,p*

n



Hold out your arms, as if you are a plane nose diving, and say *nnnnnn*

Jolly Phonics Actions

Set 2

c k



Raise hands and snap fingers, as if playing castanets, saying *k,k,k*

e



Short e: Pretend to hold egg in one hand and crack it against the side of a pan. Use both hands to open shell saying *eh,eh,eh*

h



Act as if panting after a race: hold hand to mouth and say *h,h,h*

r



Pretend to be a puppy pulling a rag in it's teeth. Keep teeth closed, shake head and say *rrrrr*

m



Rub tummy, as if you see tasty food, and say *mmmmm*

d



Pretend to hold drumsticks and beat up and down saying *d,d,d*



Jolly Phonics Actions

Set 3

g



Spiral hand down, as if water gurgling down a plughole, saying *g,g,g*,

o



Short o: Pretend you are turning a switch on and off, saying *o,o,o*

u



Short u: Keep one hand steady and raise the other up, as if raising an umbrella, saying *u,u,u*

l



Pretend to lick a lollipop, saying *lllll*

f



Place one hand above the other and push them together gently, as if a toy fish is deflating, saying *fffff*

b



Place hands together, as if batting away a cricket ball, and say *b,b,b*.



Jolly Phonics Actions

Set 4

ai



Long a: Cup hand over ear, as if hard of hearing, and say *ai, ai, ai*

j



Pretend to be a jelly and wobble, saying *jjj*

oa



Long o: Hold hand over mouth, as if you have done something wrong and say *oh!*

ie



Stand to attention and salute saying *aye, aye*

ee

or



Put hands on ears and pretend to be a donkey, saying *eeyore, eeyore*



Jolly Phonics Actions

Set 5

z



Pretend to be a buzzing bee, with elbows in and arms flapping while saying *zzzzzzzzzzzz*

w



Blow into open hand, like the wind, saying *wh, wh, wh*

ng



Pretend to be a weightlifter, lifting a heavy weight above your head, and say *ng.....*

v



Pretend to be driving along in a van saying *vvvv*

oo

oo



Little and long oo: Imagine being the cuckoo in the cuckoo clock, bending forwards and back while saying *u,oo, u,oo*



Jolly Phonics Actions

Set 6

y



Pretend to eat yoghurt from a spoon, saying *y,y,y*

x



Imagine you are taking an x-ray with an x-ray gun or camera and say *ks,ks,ks*

ch



Pretend you are an old fashioned train moving your arms back and forth while saying *ch,ch,ch*

sh



Put your index finger over your lips and say *shshsh*

th



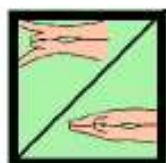
Hard and soft th: Pretend to be a naughty clown and stick tongue out a little for *th* (as in this) and a bit further for *th* (as in thumb)



Jolly Phonics Actions

Set 7

qu



Make a duck's beak with your hands and say *qu, qu, qu*

ou



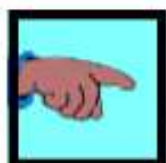
Pretend your finger is a needle and prick your thumb, saying *ou, ou, ou*

oi



Cup hands around mouth and shout to a boat, saying *oi! Ship ahoy!*

ue



Point to people around you and say *you, you, you*

er



Roll hands over like a food mixer and say *ererer*

ar



Open mouth wide and say *ah*

